

## **ARTICLE FIVE**

# **The Role and Method of PATH Intl. in Sound Equine-Facilitated Psychotherapy Practice**

**M Leif Hallberg, MA, LCPC, EFP/EFL Membership Task Force Chair,  
Acting Communities Coordinator PATH International, Denver, CO**

*Correspondence to:*

Leif Hallberg, MA. LCPC

3214 SE 26th Ave., Portland, OR 97202, USA

Phone: +1 406-600-2004

Email: [lhallberg@pathintl.org](mailto:lhallberg@pathintl.org)

### **ABSTRACT**

The work of a PATH Intl. task force offers a unique view on the practice of equine-facilitated psychotherapy. The context for this orientation lies embedded within the broader and long-standing approach of PATH Intl. to equine-assisted activities and therapies and to the organization's general approach to therapeutic work with horses and other equines. This paper outlines the evolution of PATH Intl.'s approach to equine facilitated psychotherapy and summarizes the key elements and requirements of that approach, namely use of practice guidelines, standards, certification and accreditation.

### **KEYWORDS**

Equine-facilitated Psychotherapy; PATH Intl.; Animal Assisted Activities and Therapies, Standards, Guidelines.