

Remedial And Psychomotor Aspects Of The Human Movement And Its Development - A Theoretical Approach To Developmental Riding

Marietta Schulz

Abstract:

"Physically, movement is not more than a visible and mathematically definable change of location during a certain time." (F.J.Buytendijk)

"For man and animal movement is an expression (sign) of life." (F.J.Buytendijk)

These two definitions of movement describe different aspects: a pure functional one and a more experiential aspect. This paper defines movement in its common dimensions like space - time - gravity and reveals a fourth aspect which is important for movement development. This is the movement dialogue as a basic communication means. Like Anna Freud's concept of developmental lines, four movement developmental lines are drawn to unfold an understanding for psychic and psychomotor dimensions of Developmental Riding.

A short case study serves as an example for remedial aspects of treatment with the help of horses.